

Sri Guru Granth Sahib ji Maryada Checklist

ਜਿਥੇ ਬਾਬਾ ਪੈਰ ਧਰਿ ਪੂਜਾ ਆਸਣੁ ਥਾਪਣਿ ਸੋਆ॥

Wherever Baba puts his feet, a religious place is established there.

In Keeping view of Maryada of Sri Guru Granth Sahib ji in homes of Sikh Sangat, it's the duty of every Sikh family to uphold certain rules and protocols. Let's all follow the basic rules and not come under pressure from anyone to violate these rules. Please ask your friends and families to read and sign this Maryada upholding document. Kindly distribute this form in wider Sikh circles and ask everyone to sign this.

MARYADA OF SRI GURU GRANTH SAHIB JI IN HOMES

- ☐ No one in our family will drink alcohol in the house where Sri Guru Granth Sahib ji is Parkashmaan.
- ☐ Alcohol will not be served to anyone in our house as Sri Guru Granth Sahib is the Head of our family and it is clearly written in Gurbani on Ang (Page) 554 not to drink or serve alcohol to anyone. Besides, it is a complete disrespect of Sikh principles to take "Sharab" where Sri Guru Granth Sahib ji is Parkashman.
- ☐ We will not take away Parkash of Sri Guru Granth Sahib ji away to some Gurdwara Sahib or someone's house during any of the important occasions in our family like birthdays, weddings etc and organize cocktail parties and serve alcohol to our friends or family etc in our house premises.

In other words, we consider that Sri Guru Granth Sahib is the head of the house and we cannot take away Parkash for holding cocktails, alcohol parties etc. in our house.

- ☐ We pledge not to serve alcohol after the Anand Karj ceremony. We will not disrespect GurMaryada, the sanctity of Karah Parshad, Katha, Kirtan, Anand Karj etc by serving alcohol on the same day and after a few hours of the religious Anand Karj ceremony. We commit to upkeep the sanctity of Anand Karj. We will not force our relatives to serve us "Sharab" after Anand Karj in any hotel or marriage palace nor will be accept anyone's pressure to serve alcohol to them after Anand Karj in any hotel, marriage palace etc.
- ☐ No friends, relatives or business associates will force us to break any of the above rules
- ☐ We will not force any friends, relatives or business associates to break the above rules.

All family members should read the above rules and sign below. This document can be presented, used and shown appropriately to any relative(s), friend(s), business associate(s) who forces you to break the Maryada of Sri Guru Granth Sahib ji in any of the above ways. Signed by:



- 1) Name: _____ Sign: _____
- 2) Name: _____ Sign: _____
- 3) Name: _____ Sign: _____
- 4) Name: _____ Sign: _____
- 5) Name: _____ Sign: _____
- 6) Name: _____ Sign: _____

The above rules are especially requested from those people:

- 1) Who drink alcohol but also follow some part of the Sikh religion, like hosting Guru Maharaj in their houses, reading Bani etc at the same time.
- 2) For those people who may not drink alcohol themselves but serve alcohol to other people under social pressure etc.
- 3) For those Sikhs who do not drink or serve alcohol themselves but their children, families etc drink or serve alcohol.
- 4) And other similar types of situations.

For a Guru's Sikh, the following rule applies at all times and a Guru Ka Sikh never drinks or serves alcohol to anyone at any time in any situation:

ਸਲੋਕ ਮਃ ੩ ॥
 ਮਾਣਸੁ ਭਰਿਆ ਆਣਿਆ ਮਾਣਸੁ ਭਰਿਆ ਆਇ ॥
 ਜਿਤੁ ਪੀਤੈ ਮਤਿ ਦੂਰਿ ਹੋਇ ਬਰਲੁ ਪਵੈ ਵਿਚਿ ਆਇ ॥
 ਆਪਣਾ ਪਰਾਇਆ ਨ ਪਛਾਣਈ ਖਸਮਹੁ ਧਕੇ ਖਾਇ ॥
 ਜਿਤੁ ਪੀਤੈ ਖਸਮੁ ਵਿਸਰੈ ਦਰਗਹ ਮਿਲੈ ਸਜਾਇ ॥
 ਝੂਠਾ ਮਦੁ ਮੂਲਿ ਨ ਪੀਚਈ ਜੇ ਕਾ ਪਾਰਿ ਵਸਾਇ ॥
 ਨਾਨਕ ਨਦਰੀ ਸਚੁ ਮਦੁ ਪਾਈਐ ਸਤਿਗੁਰੁ ਮਿਲੈ ਜਿਸੁ ਆਇ ॥
 ਸਦਾ ਸਾਹਿਬ ਕੈ ਰੰਗਿ ਰਹੈ ਮਹਲੀ ਪਾਵੈ ਥਾਉ ॥੧॥

Salok, Third Mehl:

One person brings a full bottle, and another fills his cup.

Drinking the wine, his intelligence departs, and madness enters his mind;

he cannot distinguish between his own and others, and he is struck down by his Lord and Master.

Drinking it, he forgets his Lord and Master, and he is punished in the Court of the Lord.

Do not drink the false wine at all, if you want to meet Waheguru, the Lord

O Nanak, the True Guru comes and meets the mortal; by His Grace, one obtains the True Wine.

He shall dwell forever in the Love of the Lord Master, and obtain a seat in the Mansion of His Presence.

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(Adapted from www.Sikhitothemax.com)

Waheguru ji ka Khalsa Waheguru ji ki fateh